

Stay Informed – Stay Calm



Note Info
















How to do it!



Look up on the internet

Revised 6.22.2020

Los Angeles	Orange County	Sacramento
<p>Spiritual Health (Prayer) Calvary Baptist Church Hosea Collins, Pastor 310-679-1723</p> <p>Prayer Circle – Add your name Victory Institutional Baptist Church, 310-263-7073 Richard Williams, Pastor</p> <p> Take the time for spiritual health by taking 5 minute mental breaks; being quiet; or pray with affirmation</p> <p> LA Health CARE 866-403-2831</p> <p>NAACP-OC Branch Office 714-459-0366, President Dr. F. Calhoun</p> <p>Seniors in OC support: www.COASC.org</p> <p>Seniors in LA support: aging.lacity.org</p> <p>  The World Health Organization is a specialized agency of the United Nations that is concerned with world public health. Est. in 1948 Headquartered in Geneva, Switzerland. Ask questions call: 202-974-3000</p>	<p>COVID-19 Testings @ CVS Pharmacy administer through MinuteClinic – Your insurance – recommend to call.</p> <p>Community Resources Faith Apostolic Church -Food Pastor C. Clark, Fullerton, 714-992-0994</p> <p>Friendship Baptist Church – Rent & Food Pastor Curry, Yorba Linda 714-528-0990</p> <p>New Hope Presbyterian – Rent & Food Pastor C. Goodjoin Orange 714-288-9986</p> <p>Second Baptist Church – Food Sgl Moms & 55 yrs older Pastor I. Pitts, Santa Ana 714-932-6807</p> <p>SonRise Baptist Church – Food Pastor Starks, Buena Park 714-635-0456</p> <p>Spiritual Health (Prayer) Rhythm of Life Church Pastor Beverly Powell, 909-536-7642 info@rhythmoflifechurch.org</p> <p>Daily Prayer Call: Christ Our Redeemer, Irvine Pastor Ralph Williamson Call: 701-801-1211 PC: 636-074-192</p> <p> Call or email to be added to the prayer list. More Resources: CalOptima (Mental & Preventative Health) 714-246-8400</p>	<p>Spiritual Health (Prayer) New Life Baptist Church Roy Brown, Pastor, 916-367-2518</p> <p>I Thessalonians Baptist Church Alvin White, Bishop; 916-256-8653</p> <p>Beautiful Redeemer Ministries Michael Gonzales, Pastor 510-778-1587 (Richmond)</p> <p>Family need health coverage? California Black Health Network 916-333-0613 Ask for Veronica</p> <p>  The Centers for Disease Control and Prevention national public health institute of the United States, a federal agency under the Department of Health & Human, Atlanta, Georgia.</p> <p>  Family member need health coverage? Call and ask how? 866-761-4165</p> <p>Census – YOU matter – please fill out the form! You do count & it impacts YOUR community for \$\$.</p> <p>Public Law Center Ugochi Andabre, Attorney 714-541-1010 x303 Housing Issues (Rent/Evictions)</p> <p> Self-isolate</p>
<p> COVID 19 –Symptoms: Fever; Cough & difficult breathing</p>	<p> Coronavirus (COVID 19)Eat healthier; enjoy more green vegetables</p>	<p> COVID 19 – Stay calm do not panic.</p>